

## Sprinttriathlon

## Ergebnisliste

GESAMT	START_NR	NAME	VORNAME	VEREIN	AK	AK_PL	GES_ZEIT	SWIM_ZEIT	SRG	RAD_ZEIT	RRG	LAUF_ZEIT	LRG
1	70	Forster	Markus	OPEL Tri Team	TM25	1	00:57:52	00:06:42	13	00:36:03	1	00:15:07	1
2	3	Fachbach	Markus	SC Pos. Koblenz	TM20	1	00:58:10	00:06:29	3	00:36:25	3	00:15:16	2
3	1	Zäck	Jürgen	SC Pos. Koblenz	TM35	1	00:58:14	00:06:31	4	00:36:14	2	00:15:29	3
4	4	Steurenthaler	Christoph	TCEC-MAINZ	TM25	2	00:59:21	00:06:52	20	00:36:29	4	00:16:00	6
5	799	Hundertmarck	Kai	SC Wiesbaden	TM35	2	00:59:25	00:00:00		00:41:55	93	00:17:30	29
6	2	Hellriegel	Thomas	Tri-Team-Witten	TM30	1	01:00:32	00:06:46	16	00:36:48	5	00:16:58	18
7	132	Riemer	Gerrit	TG TRI RÜSSELSHEIM	TM35	3	01:00:59	00:06:34	5	00:38:01	10	00:16:24	11
8	170	Streiß	Christoph	VFR SIMMERN	TM20	2	01:01:05	00:06:17	1	00:38:19	14	00:16:29	12
9	116	Nacke	Ralf	RSG MONTABAU	TM20	3	01:01:29	00:07:21	48	00:38:12	13	00:15:56	4
10	640	Boch	Volker	VFR SIMMERN	TM25	3	01:01:32	00:07:13	38	00:38:10	12	00:16:09	8
11	171	Ströder	Kai	RSG MONTABAU	TM25	4	01:01:34	00:06:36	7	00:38:03	11	00:16:55	16
12	33	Deiß	Jens	TSG MAXDORF	TM20	4	01:01:50	00:07:04	28	00:38:33	15	00:16:13	10
13	35	Diether	Uwe	TCEC-MAINZ	TM35	4	01:01:58	00:07:28	62	00:37:50	8	00:16:40	13
14	146	Schindlatz	Christian	TRI TEAM SINZIG	TM30	2	01:02:17	00:07:28	62	00:38:53	16	00:15:56	4
15	787	Bommersheim	Michael	TUS Griesheim	TM35	5	01:02:20	00:06:27	2	00:39:07	22	00:16:46	15
16	77	Kaiser	Jens	RSG MONTABAU	TM25	5	01:02:29	00:07:05	29	00:37:46	7	00:17:38	35
17	61	Hedwig	Mark	TCEC-MAINZ	TM30	3	01:02:47	00:06:55	21	00:37:51	9	00:18:01	48
18	689	Zülch	Martin	CJD Oberurf	TM40	1	01:02:53	00:07:20	47	00:38:53	16	00:16:40	13
19	669	Obenauer	Holger-Yannick	DSW DARMSTADT	TM30	4	01:03:03	00:07:00	26	00:39:07	22	00:16:56	17
20	105	Mille	Markus	RSG MONTABAU	TM30	5	01:03:06	00:06:37	8	00:40:18	48	00:16:11	9
21	83	Kleineidam	Wolfgang	RV 1899 HOCHHEIM	TM35	6	01:03:12	00:08:42	165	00:37:19	6	00:17:11	22
22	678	Schade	Dirk	BBC HORCHHEIM	TM35	7	01:03:16	00:07:14	40	00:39:00	19	00:17:02	19
23	136	Ritschel	Thomas	RSG MONTABAU	TM40	2	01:03:52	00:07:24	55	00:39:17	28	00:17:11	22
24	24	Breideband	Michael	TG TRI RÜSSELSHEIM	TM30	6	01:03:53	00:07:14	40	00:38:56	18	00:17:43	38
25	190	Wilhelm	Holger	LC BAD KREUZNACH	TM30	7	01:04:00	00:07:08	31	00:39:49	40	00:17:03	20
26	81	Kemmerich	Gunter	TCEC-MAINZ	TM25	6	01:04:10	00:07:38	80	00:39:08	24	00:17:24	26
27	138	Rossmann	Benjamin	1. FC K' LAUTERN	TM25	7	01:04:19	00:07:50	93	00:40:21	51	00:16:08	7
28	120	Niemeyer	Marc	1. FC K' LAUTERN	TM25	8	01:04:23	00:07:26	60	00:39:16	27	00:17:41	36
29	60	Hass	Nico	TUS GRIESHEIM	TM25	9	01:04:29	00:06:34	5	00:40:02	44	00:17:53	42
30	49	Fuchs	Bernd	TCEC-MAINZ	TM25	10	01:04:39	00:07:53	99	00:39:00	19	00:17:46	39
31	51	Ganter	Bernhard	TV HATZENBÜHL	TM40	3	01:04:45	00:07:24	55	00:39:27	29	00:17:54	43
32	130	Radke	Mario	TMK MÜLHEIM-KÄRL.	TM35	8	01:04:48	00:07:48	91	00:39:51	42	00:17:09	21
33	680	Ehses	Jörg	TRI POST TRIER			01:04:49	00:07:19	46	00:39:04	21	00:18:26	61
34	179	Wagner	Martin	VFR SIMMERN	TM20	5	01:04:54	00:06:40	10	00:40:48	61	00:17:26	27
35	153	Schulz	Michael	TG TRI RÜSSELSHEIM	TM35	9	01:04:55	00:07:10	33	00:39:56	43	00:17:49	40
36	64	Helf	Manfred	TMK MÜLHEIM-KÄRL.	TM30	8	01:05:02	00:07:14	40	00:39:42	38	00:18:06	50
37	639	Bentz	Volker	TV HERXHEIM	TM30	9	01:05:03	00:07:22	50	00:39:35	32	00:18:06	50
38	53	Glinitzki	Heiko	TMK MÜLHEIM-KÄRL.	TM30	10	01:05:08	00:07:22	50	00:40:16	47	00:17:30	29
39	206	Febich	Sebastian	ZDF Fernsehgarten	TM20	6	01:05:26	00:06:41	12	00:40:54	64	00:17:51	41
40	47	Fischer	Henning	OPEL Tri Team	TM35	10	01:05:27	00:07:21	48	00:39:35	32	00:18:31	64
41	58	Goldbach	Oliver	STARTNET DARMSTADT	TM30	11	01:05:28	00:07:34	71	00:39:09	25	00:18:45	76
42	133	Ring	Markus	TV PALAT. HATZENB.	TM30	12	01:05:32	00:07:33	70	00:39:34	31	00:18:25	60
43	651	Hannesen	Uwe	LC OLYM. WIESBADEN	TM30	13	01:05:35	00:07:40	85	00:39:35	32	00:18:20	57

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GESAMT	START_NR	NAME	VORNAME	VEREIN	AK	AK_PL	GES_ZEIT	SWIM_ZEIT	SRG	RAD_ZEIT	RRG	LAUF_ZEIT	LRG
44	57	Häfner	Mirko	TCEC-MAINZ	TM30	14	01:05:38	00:07:08	31	00:39:42	38	00:18:48	79
45	735	Pfeiffer	Ansgar	Fraport-Team	TM45	1	01:05:47	00:07:52	95	00:39:49	40	00:18:06	50
46	664	Lilischkis	Rainer	WSF ZWEIBRÜCKEN	TM35	11	01:05:58	00:07:58	107	00:40:23	52	00:17:37	33
47	641	Bruch	Matthias	TSG MAXDORF	TM25	11	01:06:01	00:07:06	30	00:41:14	76	00:17:41	36
48	50	Gailis	Raimond	TCEC-MAINZ	TM45	2	01:06:05	00:07:17	44	00:39:38	37	00:19:10	94
49	158	Seeger	Michael	TMK MÜLHEIM-KÄRL.	TM25	12	01:06:06	00:07:17	44	00:40:29	53	00:18:20	57
50	142	Sattler	Hans Ludwig	POSEIDON WORMS	TM50	1	01:06:30	00:06:49	18	00:40:58	66	00:18:43	75
51	87	Knöss	Volker	SG EGELSBACH	TM40	4	01:06:43	00:08:04	116	00:40:39	56	00:18:00	47
51	265	Leder	Nicole		TW30	1	01:06:43	00:06:47	17	00:42:21	102	00:17:35	31
53	137	Rönisch	Benjamin	TCEC-MAINZ	TM25	13	01:06:47	00:07:53	99	00:41:42	88	00:17:12	24
54	78	Kämpf	Volker	DJK MARIENSTATT	TM35	12	01:06:49	00:08:29	146	00:40:05	46	00:18:15	55
55	5	Ahlfeldt	Thomas	LC OLYM. WIESBADEN	TM20	7	01:06:56	00:08:17	132	00:40:02	44	00:18:37	68
56	129	Quirin	Markus	TRI POST TRIER	TM30	15	01:07:03	00:07:12	37	00:39:11	26	00:20:40	159
57	166	Stehle	Jörg	VORWÄRTS ORIENT Mz	TM50	2	01:07:06	00:08:57	191	00:39:27	29	00:18:42	73
58	48	Forster	Marco	1. FC K' LAUTERN	TM25	14	01:07:13	00:08:13	125	00:40:20	50	00:18:40	70
59	643	Burow	Bernd	TG TRI RÜSSELSHEIM	TM35	13	01:07:15	00:07:23	52	00:42:15	101	00:17:37	33
60	173	Tirp	Volker	TRI MARIENFELD	TM35	14	01:07:16	00:06:43	14	00:41:10	75	00:19:23	104
61	758	Klotz	Jürgen	TSG Limbach	TM40	5	01:07:17	00:08:27	141	00:40:32	54	00:18:18	56
62	115	Nachtsheim	Frank	TRI TEAM SINZIG	TM35	15	01:07:23	00:08:23	135	00:40:18	48	00:18:42	73
63	656	Klein	Johannes	VFR SIMMERN	TM40	6	01:07:24	00:07:55	102	00:40:40	57	00:18:49	80
64	742	Thönnnes	Jens	SC Pos. Koblenz	TM25	15	01:07:29	00:06:38	9	00:40:44	58	00:20:07	134
65	119	Neudecker	Michael	TMK MÜLHEIM-KÄRL.	TM50	3	01:07:36	00:08:30	148	00:41:02	68	00:18:04	49
66	37	Durst	Thomas	TCEC-MAINZ	TM25	16	01:07:37	00:09:19	219	00:40:56	65	00:17:22	25
67	127	Pratt	Dominic	STARTNET DARMSTADT	TM30	16	01:07:41	00:07:11	36	00:42:54	116	00:17:36	32
68	75	Jung	Stefan	LC OLYM. WIESBADEN	TM35	16	01:07:44	00:07:32	68	00:00:00		01:00:12	254
69	118	Nauerth	Martin	TV PALAT. HATZENB.	TM20	8	01:07:49	00:07:35	74	00:41:05	69	00:19:09	92
69	141	Salaske	Stefan	LC OLYM. WIESBADEN	TM35	17	01:07:49	00:08:57	191	00:39:35	32	00:19:17	98
71	223	Best	Nicole	STARTNET DARMSTADT	TW35	1	01:07:51	00:06:58	24	00:42:54	116	00:17:59	46
72	157	Seeger	Timon	POSSEID. EPPELHEIM	TM25	17	01:07:57	00:07:01	27	00:39:37	36	00:21:19	188
73	385	Leinweber	Jochen	TCEC-MAINZ	TM45	3	01:07:59	00:07:16	43	00:42:23	103	00:18:20	57
74	98	Mengeling	Kai	TCEC-MAINZ	TM40	7	01:08:10	00:08:26	139	00:41:48	91	00:17:56	45
75	73	Jores	Marcus	TCEC-MAINZ	TM40	8	01:08:11	00:07:41	88	00:40:52	63	00:19:38	115
76	15	Bernd	Michel	TCEC-MAINZ	TM40	9	01:08:14	00:08:19	133	00:41:22	79	00:18:33	65
77	176	Vollhardt	Kai	TCEC-MAINZ	TM20	9	01:08:19	00:06:57	23	00:42:43	110	00:18:39	69
78	248	Jacobi	Birgit	BBC HORCHHEIM	TW40	1	01:08:20	00:08:07	122	00:42:46	112	00:17:27	28
79	66	Hetzler	Ulrich	TV PALAT. HATZENB.	TM35	18	01:08:25	00:07:57	106	00:41:05	69	00:19:23	104
80	652	Hauptfleisch	Helge	TC CHAOS	TM30	17	01:08:28	00:07:37	77	00:41:34	84	00:19:17	98
81	107	Mohles	Rüdiger	TUS GRIESHEIM	TM40	10	01:08:30	00:07:52	95	00:40:58	66	00:19:40	117
82	677	Sattler	Maximilian	WSF ZWEIBRÜCKEN	TM20	10	01:08:31	00:06:40	10	00:42:12	99	00:19:39	116
83	197	Zusann	Erik	TV PALAT. HATZENB.	TM30	18	01:08:35	00:08:04	116	00:41:39	86	00:18:52	84
84	88	Kohrs	Volker	TV BAD SOBERNHEIM	TM35	19	01:08:36	00:08:48	179	00:41:40	87	00:18:08	53
85	18	Blank	Andreas	TG SCHÖMBERG	TM30	19	01:08:37	00:09:01	202	00:40:49	62	00:18:47	77
86	659	Krebs	Meike	TUS GRIESHEIM	TW25	1	01:08:39	00:06:45	15	00:42:27	105	00:19:27	110

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GESAMT	START_NR	NAME	VORNAME	VEREIN	AK	AK_PL	GES_ZEIT	SWIM_ZEIT	SRG	RAD_ZEIT	RRG	LAUF_ZEIT	LRG
86	661	Lampa	Boris	3ATHLON E.-V.	TM30	20	01:08:39	00:08:45	174	00:42:00	94	00:17:54	43
88	159	Sentz	Knut	LC BAD KREUZNACH	TM35	20	01:08:41	00:08:37	158	00:41:05	69	00:18:59	87
89	186	Wetz	Markus	1. FC K' LAUTERN	TM35	21	01:08:57	00:08:15	129	00:40:38	55	00:20:04	131
90	23	Braun	Franz - Josef	VORWÄRTS ORIENT Mz	TM50	4	01:08:58	00:08:50	184	00:41:05	69	00:19:03	88
91	71	Huber	Daniel	TG TRI RÜSSELSHEIM	TM25	18	01:09:09	00:08:00	111	00:42:43	110	00:18:26	61
92	169	Storz	Heinz	TSG MAXDORF	TM50	5	01:09:20	00:08:48	179	00:41:51	92	00:18:41	71
93	271	Liesenberg	Kirsten	TG TRI RÜSSELSHEIM	TW30	2	01:09:21	00:08:03	115	00:43:08	120	00:18:10	54
94	93	Krupp	Matthias	LC BINGEN	TM30	21	01:09:25	00:08:22	134	00:41:43	89	00:19:20	100
95	39	Eckstein	Bernd	TV BISCHOFSHHEIM	TM45	4	01:09:27	00:08:29	146	00:42:05	96	00:18:53	85
96	732	Manuel	Carlos	Fraport-Team	TM35	22	01:09:28	00:08:32	152	00:41:34	84	00:19:22	102
97	665	Lugenbiel	Patrick	WSF ZWEIBRÜCKEN	TM20	11	01:09:35	00:07:56	104	00:42:02	95	00:19:37	114
98	658	Kozlowski	Volker	1. FC K' LAUTERN	TM40	11	01:09:37	00:08:15	129	00:42:27	105	00:18:55	86
99	108	Mohn	Carl Friedrich	VORWÄRTS ORIENT Mz	TM45	5	01:09:41	00:09:38	235	00:41:22	79	00:18:41	71
100	100	Metzger	Peter	TV PALAT. HATZENB.	TM30	22	01:09:44	00:07:37	77	00:42:10	98	00:19:57	126
101	273	Löhle	Inge	TV PALAT. HATZENB.	TW40	2	01:09:45	00:07:58	107	00:42:25	104	00:19:22	102
102	11	Baumdicker	Martin	TCEC-MAINZ	TM25	19	01:09:47	00:07:10	33	00:41:30	83	00:21:07	179
103	122	Orendorz	Adam	1. FC K' LAUTERN	TM25	20	01:09:53	00:06:50	19	00:43:30	132	00:19:33	113
104	676	Rummel	Patrik	OPEL Tri Team	TM30	23	01:09:54	00:09:00	199	00:40:45	59	00:20:09	137
105	167	Stein	Oliver	RV HOCHHEIM	TM30	24	01:09:55	00:08:13	125	00:42:28	107	00:19:14	95
106	149	Schneider	Claus	LC OLYM. WIESBADEN	TM35	23	01:09:56	00:08:43	170	00:41:25	81	00:19:48	122
107	733	Tobias	Patrick	Fraport-Team	TM35	24	01:09:57	00:07:58	107	00:42:31	109	00:19:28	112
108	193	Zetterer	Thomas	TCEC-MAINZ	TM40	12	01:10:00	00:08:44	172	00:42:12	99	00:19:04	89
109	112	Müller	Thomas	TCEC-MAINZ	TM35	25	01:10:02	00:07:39	83	00:43:33	135	00:18:50	82
110	102	Meyer	Helmut	RSV DAADETAL	TM45	6	01:10:07	00:09:02	204	00:41:06	73	00:19:59	127
111	294	Rabe	Katja	BBC HORCHHEIM	TW25	2	01:10:14	00:06:56	22	00:43:58	143	00:19:20	100
111	702	Rach	Helmut	TRI POST TRIER	TM35	26	01:10:14	00:07:29	65	00:43:18	123	00:19:27	110
113	14	Beilstein	Günter	TSV BAYER DORMAGEN	TM65	1	01:10:23	00:07:54	101	00:41:29	82	00:21:00	173
114	163	Spitzhorn	Heiko	RSG MONTABAUER	TM35	27	01:10:24	00:08:14	127	00:43:35	137	00:18:35	66
115	731	Schmidt	Claudia	Fraport-Team	TW30	3	01:10:26	00:07:38	80	00:43:06	119	00:19:42	120
116	82	Kleine	Christian	TCEC-MAINZ	TM35	28	01:10:28	00:08:06	121	00:42:08	97	00:20:14	140
117	156	Neusser	Joachim	TCEC-MAINZ	TM40	13	01:10:35	00:07:25	58	00:42:48	113	00:20:22	149
118	175	Völkel	Torsten	RSV OSTHELDEN	TM30	25	01:10:40	00:09:35	231	00:40:46	60	00:20:19	145
119	10	Baulig	Konrad	TMK MÜLHEIM-KÄRL.	TM50	6	01:10:46	00:08:42	165	00:41:44	90	00:20:20	146
120	309	Schneider	Lilli	BBC HORCHHEIM	TW20	1	01:10:52	00:07:23	52	00:43:25	129	00:20:04	131
121	124	Peters	Achim	LC BAD KREUZNACH	TM35	29	01:10:57	00:08:35	156	00:43:47	138	00:18:35	66
122	95	Louis	Friedrich	TV MUSSBACH	TM50	7	01:11:05	00:08:05	118	00:42:57	118	00:20:03	130
122	258	Klumpp	Carmen	TV HERXHEIM	TW35	2	01:11:05	00:07:24	55	00:43:11	122	00:20:30	153
124	69	Höfer	Hugues	TUS BREITSCHIED	TM30	26	01:11:06	00:08:02	113	00:44:36	148	00:18:28	63
125	242	Guignard	Séverine	TCEC-MAINZ	TW25	3	01:11:09	00:07:29	65	00:43:23	127	00:20:17	144
126	481	Jungbluth	Stefan	RSG MONTABAUER	TM40	14	01:11:12	00:09:39	238	00:41:17	78	00:20:16	141
127	76	Kadus	Steffen	TCEC-MAINZ	TM30	27	01:11:16	00:08:14	127	00:43:21	124	00:19:41	119
128	247	Husch	Claudia	SV NEUERBURG	TW35	3	01:11:17	00:08:28	144	00:43:26	130	00:19:23	104
129	152	Schröder	Dieter	TMK MÜLHEIM-KÄRL.	TM40	15	01:11:19	00:08:44	172	00:42:28	107	00:20:07	134

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GESAMT	START_NR	NAME	VORNAME	VEREIN	AK	AK_PL	GES_ZEIT	SWIM_ZEIT	SRG	RAD_ZEIT	RRG	LAUF_ZEIT	LRG
130	164	Spitzhorn	Oliver	RSG MONTABAUER	TM35	30	01:11:39	00:09:20	221	00:43:10	121	00:19:09	92
131	647	Gerke	Christian	OPEL Tri Team	TM40	16	01:11:44	00:09:04	206	00:41:15	77	00:21:25	192
132	303	Scharf	Alexandra	BBC HORCHHHEIM	TW30	4	01:11:46	00:07:36	75	00:43:29	131	00:20:41	162
133	96	Lutz	Gerhard	TSG MAXDORF	TM55	1	01:11:48	00:09:49	245	00:41:06	73	00:20:53	169
134	192	Zahradsky	Peter	TV PALAT. HATZENB.	TM45	7	01:11:56	00:07:59	110	00:42:50	114	00:21:07	179
135	406	Reister	Steffen	TCEC-MAINZ	TM35	31	01:11:58	00:08:32	152	00:43:24	128	00:20:02	129
136	155	Schütz	Marc	LC OLYM. WIESBADEN	TM40	17	01:12:00	00:07:40	85	00:43:31	133	00:20:49	166
137	80	Kehrbusch	Rainer	TUS AHRWEILER	TM30	28	01:12:05	00:08:00	111	00:44:49	154	00:19:16	97
138	729	Heyne	Nicole	Fraport-Team	TW30	5	01:12:08	00:08:05	118	00:44:39	151	00:19:24	107
139	719	Klausen	Markus	TRIANHAS Bd. AROLS	TM25	21	01:12:10	00:07:30	67	00:45:00	159	00:19:40	117
140	662	Laux	Manfred	TRI TEAM SINZIG	TM50	8	01:12:14	00:08:24	137	00:44:07	144	00:19:43	121
141	44	Feil	Jürgen	TV MUSSBACH	TM35	32	01:12:18	00:09:02	204	00:43:21	124	00:19:55	125
142	708	Laible	Andreas	1. FC K' LAUTERN	TM18	1	01:12:19	00:08:57	191	00:43:57	142	00:19:25	108
143	196	Zumbach	Peter	1. FC K' LAUTERN	TM45	8	01:12:29	00:08:41	163	00:43:47	138	00:20:01	128
144	189	Butzbach	Jens	LC BAD KREUZNACH	TM35	33	01:12:32	00:07:13	38	00:42:51	115	00:22:28	210
145	723	Ebert	Dieter	VORWÄRTS ORIENT Mz	TM40	18	01:12:43	00:08:27	141	00:44:07	144	00:20:09	137
146	402	Plein	Joachim	TCEC-MAINZ	TM40	19	01:13:03	00:08:49	182	00:45:25	168	00:18:49	80
147	99	Boos	Berthold	TCEC-MAINZ	TM40	20	01:13:05	00:00:00		00:51:58	238	00:21:07	179
148	321	Wieland	Gabriele	TV PALAT. HATZENB.	TW45	1	01:13:18	00:08:33	154	00:43:32	134	00:21:13	182
149	269	Langer	Petra	TV PALAT. HATZENB.	TW35	4	01:13:19	00:08:31	149	00:44:41	152	00:20:07	134
150	205	Wolters	Frank	ZDF Fernsehgarten	TM40	21	01:13:27	00:07:10	33	00:45:51	180	00:20:26	151
151	698	Soder	Monika	ASV NEUMARKT	TW35	5	01:13:29	00:07:51	94	00:45:04	161	00:20:34	156
152	697	Herrmann	Dieter	TRI GÜNZBURG	TM50	9	01:13:30	00:09:21	223	00:45:19	166	00:18:50	82
153	56	Haensel	Heinrich	TSG MAXDORF	TM55	2	01:13:33	00:07:37	77	00:44:55	156	00:21:01	175
154	134	Ripp	Helmut	TCEC-MAINZ	TM45	9	01:13:39	00:08:39	160	00:45:56	183	00:19:04	89
155	701	Müller	Bettina	BLAU-GELB FRANKF.	TW25	4	01:13:43	00:08:02	113	00:44:17	147	00:21:24	191
156	663	Liebe	Lars	TMK MÜLHEIM-KÄRL.	TM30	29	01:13:44	00:09:16	217	00:45:14	164	00:19:14	95
157	295	Rapp	Sonja	TG TRI RÜSSELSHEIM	TW25	5	01:13:51	00:08:52	187	00:45:53	182	00:19:06	91
158	29	Lupp	Mario	LC OLYM. WIESBADEN	TM35	34	01:13:57	00:08:31	149	00:44:36	148	00:20:50	168
159	25	Burst	Udo	TSG MAXDORF	TM40	22	01:14:02	00:09:29	227	00:45:46	179	00:18:47	77
160	187	Wieland	Albrecht	TRI TEAM WÜRTH	TM60	1	01:14:05	00:09:15	215	00:44:10	146	00:20:40	159
161	143	Schäfer	Udo	TV BISCHOF SHEIM	TM30	30	01:14:11	00:08:51	186	00:44:59	157	00:20:21	148
162	675	Rittner	Julia	LC OLYM. WIESBADEN	TW20	2	01:14:12	00:07:25	58	00:46:15	190	00:20:32	155
163	783	Bauer	Michael	TV Palatia Hatzenb	TM20	12	01:14:14	00:09:00	199	00:45:01	160	00:20:13	139
164	782	Dawo	Franz	TV Palatia Hatzenb	TM50	10	01:14:15	00:08:31	149	00:45:13	163	00:20:31	154
165	784	Brunde	Wolfgang	TV Palatia Hatzenb	TM40	23	01:14:32	00:08:10	124	00:45:59	185	00:20:23	150
166	42	Faßbender	Matthias	TV KOSTHEIM	TM30	31	01:14:33	00:07:34	71	00:46:11	187	00:20:48	165
167	679	Schindler	Christoph	TV KOSTHEIM	TM30	32	01:14:38	00:06:59	25	00:46:34	196	00:21:05	178
168	104	Meyer	Michael	LLG WONNEG AU	TM35	35	01:14:41	00:09:57	247	00:43:55	141	00:20:49	166
169	147	Schmaus	Marc	LC BAD KREUZNACH	TM35	36	01:14:51	00:08:43	170	00:44:53	155	00:21:15	184
170	786	Baldus	Mario	PJK M.	TM20	13	01:14:59	00:08:57	191	00:43:53	140	00:22:09	202
171	17	Birrenbach	Andre	TCEC-MAINZ	TM40	24	01:15:17	00:08:38	159	00:46:12	189	00:20:27	152
172	168	Steinmeier	Dirk	LC BINGEN	TM40	25	01:15:18	00:09:37	233	00:45:07	162	00:20:34	156

## Sprinttriathlon

## Ergebnisliste

GESAMT	START_NR	NAME	VORNAME	VEREIN	AK	AK_PL	GES_ZEIT	SWIM_ZEIT	SRG	RAD_ZEIT	RRG	LAUF_ZEIT	LRG
172	684	Von Buxhoeveden	Nicole	BAD HOMBURGER SC	TW30	6	01:15:18	00:07:32	68	00:46:33	195	00:21:13	182
174	165	Steffgen	Reiner	TRI POST TRIER	TM40	26	01:15:20	00:08:49	182	00:45:27	171	00:21:04	177
175	730	Krstev	Katharina	Fraport-Team	TW40	3	01:15:24	00:08:34	155	00:45:52	181	00:20:58	172
176	123	Peiffer	Tom	1. FC K' LAUTERN	TM30	33	01:15:25	00:07:56	104	00:43:21	124	00:24:08	237
177	255	Kessler	Mareike	LC BAD KREUZNACH	TW25	6	01:15:32	00:07:38	80	00:45:44	177	00:22:10	204
178	211	Bomm	Rainer	ZDF Fernsehgarten	TM40	27	01:15:37	00:07:52	95	00:46:11	187	00:21:34	193
178	781	Heintz	Ulrich	TV Palatia Hatzenb	TM30	34	01:15:37	00:07:42	89	00:43:33	135	00:24:22	238
180	91	Krebs	Thomas	LC OLYM. WIESBADEN	TM30	35	01:15:38	00:09:22	225	00:45:16	165	00:21:00	173
181	22	Boss	Thomas	LC BINGEN	TM35	37	01:15:40	00:08:42	165	00:45:42	176	00:21:16	185
182	145	Scheffka	Wolfgang	TV BAD SOBERNHEIM	TM50	11	01:15:55	00:09:13	212	00:46:26	193	00:20:16	141
183	86	Knerr	Steffen	1. FC K' LAUTERN	TM25	22	01:15:58	00:08:36	157	00:44:37	150	00:22:45	217
184	28	Cesian	Arne	LC OLYM. WIESBADEN	TM40	28	01:16:01	00:08:16	131	00:47:01	201	00:20:44	164
185	55	Götz	Thomas	TSG MAXDORF	TM35	38	01:16:11	00:08:46	176	00:47:09	202	00:20:16	141
186	207	Schirmer	Uwe	ZDF Fernsehgarten	TM30	36	01:16:15	00:07:28	62	00:46:02	186	00:22:45	217
186	667	Nesslerer	Werner	1. FC K' LAUTERN	TM60	2	01:16:15	00:08:47	177	00:45:30	173	00:21:58	199
188	299	Flügel	Monika	SC NEUENSTEIN	TW45	2	01:16:31	00:09:12	211	00:47:53	209	00:19:26	109
189	84	Kling	Björn	1. FC K' LAUTERN	TM30	37	01:16:36	00:07:39	83	00:46:40	197	00:22:17	206
190	172	Wolf	Bodo	TG TRI RÜSSELSHEIM	TM35	39	01:16:41	00:07:36	75	00:47:26	203	00:21:39	195
191	92	Kröll	Thomas	TG TRI RÜSSELSHEIM	TM35	40	01:16:42	00:07:23	52	00:48:39	216	00:20:40	159
192	218	Thamm	Thomas	ZDF Fernsehgarten	TM35	41	01:16:45	00:09:33	229	00:45:26	170	00:21:46	197
193	36	Dörrschmidt	Kai - Uwe	LC OLYM. WIESBADEN	TM35	42	01:16:46	00:08:27	141	00:44:42	153	00:23:37	226
194	41	Jaerschke	Christian	LC OLYM. WIESBADEN	TM30	38	01:17:02	00:08:40	162	00:46:19	191	00:22:03	201
195	109	Mohr	Gerhard	TV PALAT. HATZENB.	TM50	12	01:17:06	00:08:50	184	00:44:59	157	00:23:17	222
196	89	König	Arne	SV HAMMINKELN	TM35	43	01:17:08	00:10:00	249	00:45:25	168	00:21:43	196
197	260	Kolberg	Swantje	TUS AHRWEILER	TW45	3	01:17:10	00:09:05	207	00:45:40	174	00:22:25	209
198	739	Müller	Roger	SG ARHEILGEN TRI	TM40	29	01:17:15	00:07:49	92	00:47:30	204	00:21:56	198
199	198	Autschbach	Cornelia	TCEC-MAINZ	TW40	4	01:17:23	00:08:57	191	00:45:44	177	00:22:42	214
200	517	Swoboda	Rudolf	TG TRI RÜSSELSHEIM	TM50	13	01:17:32	00:08:07	122	00:45:57	184	00:23:28	225
201	315	Stolte	Iris	TCEC-MAINZ	TW25	7	01:17:37	00:08:26	139	00:48:15	211	00:20:56	170
202	277	Melchior	Karin	TG TRI RÜSSELSHEIM	TW35	6	01:17:38	00:08:42	165	00:46:42	198	00:22:14	205
202	305	Schlösser	Kerstin	TSG MAXDORF	TW35	6	01:17:38	00:09:54	246	00:45:24	167	00:22:20	207
204	8	Bänsch	Bert	LC OLYM. WIESBADEN	TM45	10	01:17:43	00:09:40	239	00:46:46	199	00:21:17	186
205	688	Weigel	Franz Josef	TV PALAT. HATZENB.	TM55	3	01:17:47	00:09:15	215	00:47:36	206	00:20:56	170
206	20	Bohn	Gernot	TV BAD SOBERNHEIM	TM45	11	01:17:55	00:10:04	251	00:46:29	194	00:21:22	190
206	292	Polte	Diana	TCEC-MAINZ	TW30	7	01:17:55	00:08:25	138	00:46:52	200	00:22:38	213
208	527	Pokorny	Thomas	PSV Blau-Gelb Fran	TM35	44	01:18:05	00:09:01	202	00:47:46	208	00:21:18	187
209	126	Post	Martin	1. FC K' LAUTERN	TM40	30	01:18:15	00:09:19	219	00:46:19	191	00:22:37	212
210	704	Weitzel	Stefanie	TRIATHLON WETTERAU	TW30	8	01:18:41	00:07:47	90	00:47:32	205	00:23:22	223
211	9	Baotic	Darko	3ATHLON E.-V.	TM30	39	01:19:05	00:08:41	163	00:45:40	174	00:24:44	240
212	319	Walach	Steffi	TCEC-MAINZ	TW25	8	01:19:13	00:07:34	71	00:50:36	228	00:21:03	176
213	121	Nimble	Thomas	FSV MICHELBAACH	TM45	12	01:19:22	00:08:54	189	00:48:19	212	00:22:09	202
214	293	Pratschker	Carolin	TG TRI RÜSSELSHEIM	TW18	1	01:19:40	00:07:55	102	00:50:26	227	00:21:19	188
215	224	Paulus	Katharina	LC-BINGEN	TW18	2	01:20:02	00:08:48	179	00:49:15	219	00:21:59	200

## Sprinttriathlon

## Ergebnisliste

GESAMT	START_NR	NAME	VORNAME	VEREIN	AK	AK_PL	GES ZEIT	SWIM ZEIT	SRG	RAD ZEIT	RRG	LAUF ZEIT	LRG
216	111	Müller	Wolfgang	RSV OSTHELDEN	TM45	13	01:20:16	00:09:20	221	00:50:14	226	00:20:42	163
217	722	Wittmann	Elisabeth	ASV NEUMARKT	TW35	8	01:20:46	00:09:48	244	00:47:55	210	00:23:03	220
218	685	Wagener	Frank	LC OLYM. WIESBADEN	TM35	45	01:20:53	00:09:37	233	00:50:56	232	00:20:20	146
219	674	Riemenschneider	Bernd	RSG MONTABAUER	TM40	31	01:21:10	00:08:42	165	00:47:40	207	00:24:48	241
220	215	Prüßmeier	Guido	ZDF Fernsehgarten	TM40	32	01:21:11	00:08:47	177	00:48:28	214	00:23:56	232
221	318	Wagner	Monika	TUS HONIGSESSEN	TW50	1	01:21:15	00:09:11	209	00:49:33	222	00:23:31	211
222	135	Rippl	Walter	RSC Weiterstadt	TM60	3	01:21:24	00:08:59	196	00:51:51	237	00:20:34	156
223	125	Pietrusky	Christian	TG TRI RÜSSELSHEIM	TM35	46	01:21:33	00:08:45	174	00:50:05	225	00:22:43	215
224	103	Meyer	Dirk	TCEC-MAINZ	TM35	47	01:21:34	00:08:53	188	00:48:56	218	00:23:45	228
225	671	Pape	Maria	TG TRI RÜSSELSHEIM	TW30	9	01:22:01	00:09:32	228	00:49:37	223	00:22:52	219
226	144	Schäfer	Günter	DAUER POWER EMS	TM40	33	01:22:04	00:10:28	253	00:48:53	217	00:22:43	215
227	653	Henneberger	Kerstin	BBC HORCHHEIM	TW25	9	01:22:16	00:08:05	118	00:54:22	242	00:19:49	123
228	280	Mohr	Steffanie	TV PALAT. HATZENB.	TW18	3	01:22:37	00:07:52	95	00:50:42	230	00:24:03	234
229	43	Faust	Peter	TV PALAT. HATZENB.	TM45	14	01:22:39	00:09:00	199	00:49:54	224	00:23:45	228
230	244	Henzel	Gabi	TSG EPPSTEIN	TW45	4	01:22:46	00:08:23	135	00:50:36	228	00:23:47	230
231	287	Peters	Christel	TMK MÜLHEIM-KÄRL.	TW55	1	01:23:42	00:08:59	196	00:51:04	233	00:23:39	227
232	275	Koch	Uwe	1. FC K' LAUTERN	TM40	34	01:23:53	00:09:22	225	00:51:09	234	00:23:22	223
233	74	Juli	René	VORWÄRTS ORIENT Mz	TM50	14	01:23:54	00:09:38	235	00:54:22	242	00:19:54	124
234	174	Tokarski	Mietek	TCEC-MAINZ	TM50	15	01:24:51	00:09:43	242	00:51:12	235	00:23:56	232
235	191	Wölms	Karl - Heinz	TCEC-MAINZ	TM60	4	01:25:13	00:08:56	190	00:53:13	239	00:23:04	221
236	636	Zahn	Oliver	3ATHLON E.-V.	TM35	48	01:25:39	00:08:59	196	00:49:28	221	00:27:12	249
237	707	Hallstein	Katja	SG ARHEILGEN TRI	TW25	10	01:26:50	00:09:17	218	00:00:00		01:17:33	255
238	40	Engelhardt	Egon	TSG MAXDORF	TM55	4	01:26:55	00:09:44	243	00:51:27	236	00:25:44	243
239	645	Fohrmann	Dieter	MAINZER RSV	TM65	2	01:27:26	00:10:00	249	00:50:54	231	00:26:32	247
240	183	Weihrich	Wolfgang	TCEC-MAINZ	TM50	16	01:28:27	00:09:34	230	00:53:50	240	00:25:03	242
241	34	Dieges	Bernd	LC OLYM. WIESBADEN	TM45	15	01:28:55	00:09:36	232	00:56:56	250	00:22:23	208
242	268	Lampert	Tina	TCEC-MAINZ	TW50	2	01:29:55	00:09:05	207	00:56:18	248	00:24:32	239
243	151	Schnell	Rudolph	DJK MARIENSTATT	TM65	3	01:30:05	00:10:20	252	00:55:42	246	00:24:03	234
244	657	Kluge	Knut	TRI NEUENRADE	TM35	49	01:30:06	00:09:14	214	00:57:05	251	00:23:47	230
245	199	Baulig	Ingrid	TMK MÜLHEIM-KÄRL.	TW50	3	01:30:19	00:09:13	212	00:55:17	244	00:25:49	244
246	94	Lange	Harald	DAUER POWER EMS	TM45	16	01:31:39	00:09:40	239	00:55:59	247	00:26:00	245
247	286	Pechtold	Ute	TUS AHRWEILER	TW60	1	01:32:23	00:09:21	223	00:54:18	241	00:28:44	251
248	131	Reng	Alwin	MTV-KRONBERG	TM65	4	01:33:07	00:09:38	235	00:56:30	249	00:26:59	248
249	683	Vogt	Eugen	TVDÄ HANAU	TM60	5	01:33:23	00:09:58	248	00:55:32	245	00:27:53	250
250	204	Wölfel	Rita	ZDF Fernsehgarten	TW30	10	01:36:22	00:08:39	160	00:58:58	252	00:28:45	252
251	284	Fohrmann	Klaus	LC OLYM. WIESBADEN	TM40	35	01:36:38	00:09:41	241	01:00:34	253	00:26:23	246
252	256	Kessler	Ellen	LC BAD KREUZNACH	TW50	4	01:47:21	00:09:11	209	01:02:33	254	00:35:37	253
253	646	Fuchs	Joachim	OPEL Tri Team	TM35	50	01:51:14	00:37:45	254	00:49:22	220	00:24:07	236
254	642	Bücher	Achim	RSV IDSTEIN	TM35	51	01:54:22	00:45:50	255	00:48:26	213	00:20:06	133
255	649	Guttandin	Normen	TCEC-MAINZ	TM25	23	01:57:42	00:47:27	256	00:48:38	215	00:21:37	194