

RNG	STNR	NAME	VORNAME	VEREIN	AK	AK_PL	GES_ZEIT	SWIM	Rg	RAD	Rg	LAUF	Rg
1	248	Schleinitz	Mirco	LC Olympia Wiesb.	TM20	1	02:12:59	00:14:32	2	01:18:02	1	00:40:25	2
2	192	Herget	Thomas	SF Rossdorf	TM50	1	02:18:30	00:15:27	4	01:21:31	2	00:41:32	5
3	483	Reinecker	Andreas	ERDING.Alkoholfrei	TM35	1	02:22:09	00:16:17	6	01:24:52	3	00:41:00	4
4	249	Schmidt	Tobias	1. FC Kaiserslaut.	TM25	1	02:24:14	00:16:18	7	01:25:37	4	00:42:19	7
5	478	Rehberger	Ralf	ERDING.Alkoholfrei	TM40	1	02:27:40	00:17:42	20	01:26:51	6	00:43:07	8
6	266	Werner	Uli	DZ BANK Runners	TM40	2	02:28:26	00:16:31	10	01:31:01	13	00:40:54	3
7	467	Omar	Karim	k.o.o.k.	TM35	2	02:30:11	00:13:37	1	01:34:30	22	00:42:04	6
8	538	Wanka	Michael	DJK Flörsheim	TM45	1	02:30:19	00:16:49	14	01:27:02	8	00:46:28	11
9	165	Dienstbühl	Philipp	ALV	TM30	1	02:30:44	00:19:16	28	01:31:41	15	00:39:47	1
10	158	Bomm	Rainer	DLRG Vallendar	TM45	2	02:32:58	00:15:20	3	01:28:18	9	00:49:20	16
11	359	Gleiß	Alexander	ERDING.Alkoholfrei	TM35	3	02:34:18	00:16:15	5	01:26:08	5	00:51:55	20
12	340	Eßer	Oliver	ERDING.Alkoholfrei	TM40	3	02:34:36	00:16:27	9	01:33:00	19	00:45:09	9
13	504	Schneider	Klaus		TM30	2	02:35:15	00:19:12	27	01:28:27	10	00:47:36	12
14	175	Fornoff	Pit	SF Tria Roßdorf	TM50	2	02:35:25	00:20:41	34	01:28:35	11	00:46:09	10
15	90	Autschbach	Cornelia	TCEC Mainz	TW45	1	02:40:45	00:19:42	30	01:31:04	14	00:49:59	17
16	252	Schwarz	Martin	DJK St.Ingbert	TM40	4	02:42:05	00:18:47	26	01:26:55	7	00:56:23	27
17	385	Hellwig	Peer		TM30	3	02:42:14	00:16:39	12	01:37:19	28	00:48:16	14
18	202	Kanzi	Eugen Johann	Forstenrieder SC	TM55	1	02:44:25	00:21:46	36	01:33:25	20	00:49:14	15
19	450	Mentzner	Ulrich	TG Naurod	TM45	3	02:44:31	00:17:27	19	01:36:42	26	00:50:22	18
20	357	Giehl	Gaby	ERDING.Alkoholfrei	TW55	1	02:45:24	00:17:04	17	01:37:13	27	00:51:07	19
21	430	Kühnel	Detlef	ERDING.Alkoholfrei	TM45	4	02:46:07	00:16:54	15	01:35:12	23	00:54:01	24
22	125	Hertwig	Jennifer	Team GetFit Trier	TW30	1	02:47:02	00:18:02	23	01:34:08	21	00:54:52	26
23	104	Propp	Jenny Eugenia	SF Tria Roßdorf	TW30	2	02:47:34	00:18:02	23	01:41:52	34	00:47:40	13
24	474	Prinz	Sebastian		TM25	2	02:47:51	00:16:31	10	01:32:29	17	00:58:51	31
25	452	Metzler	Stefan		TM35	4	02:48:06	00:18:39	25	01:30:13	12	00:59:14	32
26	97	Kelch	Marina	DSW Darmstadt	TW25	1	02:48:35	00:17:14	18	01:37:27	29	00:53:54	23
27	440	Lenz	Friedhelm	ERDING.Alkoholfrei	TM50	3	02:49:06	00:20:23	32	01:32:02	16	00:56:41	28
28	527	Ternes	Sebastian	ERDING.Alkoholfrei	TM25	3	02:49:28	00:16:39	12	01:32:34	18	01:00:15	33
29	453	Meyer	Marc	Team Get Fit	TM35	5	02:49:33	00:16:20	8	01:38:24	30	00:54:49	25
29	553	Zindt	Holger		TM40	5	02:49:33	00:19:19	29	01:36:33	25	00:53:41	21
31	309	Bochat	Günter	TSG Pfeddersheim	TM40	6	02:50:32	00:21:02	35	01:35:42	24	00:53:48	22
32	334	Dorus	Reimar	LT Schweich	TM40	7	02:53:58	00:17:47	21	01:38:43	31	00:57:28	30
33	333	Doran	Andy	Get Fit	TM40	8	02:55:23	00:17:02	16	01:41:04	32	00:57:17	29
34	435	Lang	Udo	ERDING.Alkoholfrei	TM50	4	03:10:45	00:20:34	33	01:47:22	35	01:02:49	34
35	219	Mathias	Thorsten	TG Rüdesheim	TM25	4	03:12:19	00:20:07	31	01:41:21	33	01:10:51	36
36	134	Meyer	Nadine	Get Fit	TW30	3	03:17:24	00:18:00	22	01:51:37	36	01:07:47	35